

belonging starts with conversation.

highlights from a year focused on mental health & belonging



(That is about 123,500 participants *that we know about!*)



Top 10 Guides of 2022

1. Mental Health
2. Abortion
3. Empathy
4. Forgiveness
5. Women, Leadership, & Power
6. Race & Ethnicity
7. Belonging
8. Climate Change
9. Social Identity
10. Politics: Can we talk?

“In that conversation, we moved past the pressure to agree on everything. Instead, we created belonging—we created community.”

Executive Director, Becca Kearl



Our social media channels are growing all around. Our reach grew from 900 to 24,000 in December!

scaling quickly & effectively

We offered our online course twice in 2022, where participants hosted weekly conversations and looked forward to bringing LRC to their own communities. This nearly tripled the number of our trained hosts. We consistently see people wanting to continue conversations after experiencing them.

partners

We're not alone in this work! We continue our strong partnership with Allsides and have several exciting partnerships in the works for 2023. We also partnered with our communities of practice, like schools, libraries, and civic groups, to organize conversations and measure the impact they're having. Together with Brigham Young University, we received a grant from the Heterodox Academy to hold student-led conversations on campus. There were conversations around Mental Health and Public Health, as well as Race and Faith conversations!

